

**How can we get the Arusi®  
Retreat to our parish or diocese?**

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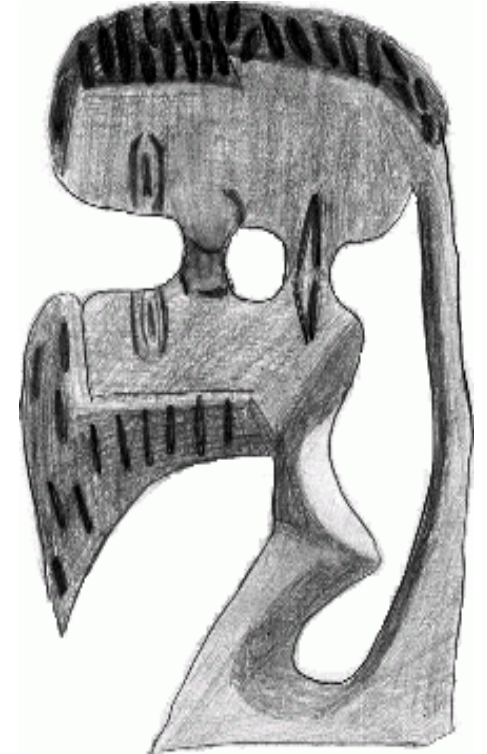


Full Name: \_\_\_\_\_  
Diocese/Parish/Organization: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email: \_\_\_\_\_  
What potential dates are you interested in? \_\_\_\_\_  
How many couples do you anticipate attending? \_\_\_\_\_



*Celebration of Married Life  
Within the Faith Community*

A Spiritual Retreat for Christian Marriages



## What is the Arusi<sup>®</sup> Retreat?

The Arusi<sup>®</sup> Retreat is an experience designed for Christian marriages. It is an opportunity to discover ways your marriage is part of God's plan, not just for themselves but also for the faith community.

- **Revise** your mission statement as a couple so to make your marriage an instrument of God's love.
- **Review** your life stories and collaborate on a forward-moving narrative of faith.
- **Refresh** your relationship to experience newness in yourselves and each other.
- **Recreate** romance and rekindle the fire and passion of your marriage.
- **Reconcile** broken promises and broken dreams and begin anew.
- **Renew** your wedding vows and recommit to a God-centered marriage with a deeper spirit of **Primacy, Empowerment, Protection, and Prayer.**



## Who should attend?

This experience is for Christian married couples who want to deepen their spirituality as a couple. You don't have to have a perfect marriage (No one does). But, you must have a desire for commitment and want to keep that commitment for the glory of God.

## Who are the retreat leaders?



**Andrew & Terri Lyke** are leaders in marriage preparation and marriage enrichment for over twenty years. Andrew is the Coordinator of Marriage Ministry for the Archdiocese of Chicago.

Together they are co-directors of Lyke To Lyke Consultants. They write for Catholic News Service and several diocesan newspapers nationally.

With their skills as facilitators and their pastoral sensitivity, they guide couples toward discovering their spiritual synergy and reshaping their vision of marriage toward a more Godly union.



## What's so special about the Arusi<sup>®</sup> Retreat?

What distinguishes this program from others is its emphasis on community. Married couples need to be in relationship with their communities to thrive and to let their lights shine. They serve the community by sharing God's sacramental grace that flow through their marriage. They are witnesses to God's covenant. In turn, the community values their promise of love and encourages them to remain faithful to God and each other.

## Comments by Participants

"Some of the best things about the Arusi<sup>®</sup> Retreat were being around people who love one another, seeing so many good examples of marriage, and having people who show their care, love and faith to one another and to the group to facilitate the process."

"I enjoyed this retreat. Being in the midst of other married couples was a positive experience."

"We needed this to be with people more like us and to experience couples in the church who have made marriage work."

"The Arusi<sup>®</sup> retreat has wonderful, dynamic leaders. We thank them for loving and trusting God and each other enough to share their gifts with God's people."

"I learned a lot about myself and my husband."

"This was a spirit-filled weekend that was much needed and much enjoyed."

"The Arusi<sup>®</sup> Retreat has allowed us to look at our marriage and to realize our blessings throughout our married life."

"The Arusi<sup>®</sup> Retreat and the presenters were very helpful and informative. It was also fun and relaxing."